



PARENT / ATHLETE HANDBOOK,
AGREEMENT AND PROMISE TO PAY
2023-2024 SEASON

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FHcheerandtumble

INTRODUCTION

Welcome to Fly High Cheer and Tumble (from now on, "FH"). For the 2023-2024 season, we will offer competitive cheer teams at levels commensurate with the skill base of returning and new athletes. FH will form teams after evaluations based on age and skill for athletes ages three and up. We strive to teach the athletes the value of commitment, hard work, integrity, leadership, self-confidence, teamwork, a positive attitude, and a love for cheerleading. We understand the responsibility of all-star cheer, and we will never take your support for granted. Our goal at FH is to develop the best teams possible and instill qualities and values that last a lifetime. This handbook contains the rules, policies, procedures and concludes with an agreement and promise to pay. If you have any questions, please do not hesitate to contact the FH staff.

THE FH MISSION

FH's mission is to provide the highest quality athletic instruction to athletes of all ages and abilities in a safe and positive learning environment.

The FH staff is delighted to have the opportunity to be part of your lives and will do everything possible to make your experience memorable, meaningful, and exciting. We have taken great care to select staff members who align with our vision and ideals. The foundation of our organization is intentionally grounded upon and summarized by the following principles:

- Quality instruction first, athlete progression, and, ultimately, team performance
- Perfection over progress and safety over everything
- A culture visibly recognized by positivity, family values, and fun
- Individual fitness through movement and progressive instruction
- Emotional development through a caring staff using timely motivation and discipline
- Respect for the families through convenient policies and schedules
- Athlete balance—allowing participation in multiple activities, mental, social, and physical well-being

OVERVIEW – PROJECTED PROGRAMS FOR THE SEASON

FULL TRAVEL:

- Focus on 2 day comps which often means additional travel
- 6-7 travel comps + option for bids to national comps
- Higher-level instruction/commitment & more competitive
- 12 month program
- 6-18 years old
- Typically practice 2 days a week/3 hrs a day
- Top tier instruction
- College prep is an underlying goal
- Compete on big stages with national recognition
- Stunt choreography

LIMITED TRAVEL:

- Single day comps & within ~2 hour drive
- Local comps only
- Less time commitment, less competitive
- 12 month program
- 5-18 years old (Tiny, Mini, Youth, or Junior)
- Typically practice 2 days a week/2 hrs a day
- Entry level, but highest quality instruction

LEVELING AND TEAM PLACEMENT

Leveling and team placements are based on age and overall abilities across ALL skill sets, **including** the coachability and work ethic of the athlete. When building teams, FH will build rosters that will benefit the team and the program with the best chances of competition success. Cheerleading is a team sport; while the team is composed of individuals with specific skills, we must consider the team's success holistically when making rosters. We also believe that all athletes will be the happiest throughout the season when they are placed on a team that complements their skill level. Competing on a team that is too challenging or not challenging enough will only lead to frustration within the individual athlete and the team. We aim to build and coach balanced teams with strengths in ALL skill levels.

We understand that athletes and parents may have their own opinions on where an athlete should place; however, the coaches and owners have the final say regarding placement. We ask that you respect this decision. We are evaluating and placing the athlete where we feel an athlete will most benefit from growing while taking into account their safety and progression. There is no guarantee that an athlete will move up in levels or age categories season after season. We can guarantee that we will continue to work with the athletes to help them grow appropriately in skill and maturity to reach those higher-level teams. Please remember the goals of FH when receiving placements: perfection over progress and safety over everything.

CLOSED PRACTICES

Due to space and athlete safety concerns, FH practices and classes are closed to spectators and families unless otherwise specified. We have a minimal waiting area in the main entrance by the Pro Shop, but this fills quickly and is not conducive for use as a long-term waiting area. This area is essential for small children's pick-up and drop-off.

PAYMENT SCHEDULE

PAYMENT DUE DATE	DESCRIPTION	FULL TRAVEL	DESCRIPTION	LIMITED TRAVEL
Jun 1 Jun 15	Tuition Fixed Fee	\$140 \$320	Tuition Fixed Fee	\$140 \$130
Jul 1 Jul 15	Tuition Fixed Fee	\$140 \$320	Tuition Fixed Fee	\$140 \$130
Aug 1 Aug 15	Tuition Fixed Fee	\$140 \$320	Tuition Fixed Fee	\$140 \$130
Sep 1 Sep 15	Tuition Fixed Fee	\$200 \$320	Tuition Fixed Fee	\$140 \$130
Oct 1	Tuition	\$200	Tuition	\$140
Nov 1	Tuition	\$200	Tuition	\$140
Dec 1	Tuition	\$200	Tuition	\$140
Jan 1, 2024	Tuition	\$200	Tuition	\$140
Feb. 1, 2024	Tuition	\$200	Tuition	\$140
Mar. 1, 2024	Tuition	\$200	Tuition	\$140
Apr. 1, 2024	Tuition	\$200	Tuition	\$140
May 1, 2024	Tuition	\$200	Tuition	\$140
TOTAL COST		\$3500		\$2200

Payments **DO NOT** include competition fees associated with end of season national events/competitions. More information will be provided at parents' information meetings if teams win a bid to events such as these.

FIXED FEES INCLUDE: annual gym/staff registration, team camp training, 2 full practice uniforms, competition bows, competition travel cost for coaches expenses, choreography, and music.

OTHER EXPENSES:

- If new shoes are needed/desired – \$125 ordered through FH
- New Athletes to FH, or returning Athletes desiring a new uniform – \$250 ordered through FH

DISCOUNTS

- **MULTI-ATHLETE FAMILY DISCOUNT:**
 - o *child 1 = full price*
 - o *child 2 = 5% off tuition*
 - o *child 3 = 10% off tuition*
- **PAID IN FULL:** 5% for customers who pay their TOTAL COST, but only if paid in full by July 15th.

TEAM PRACTICE ATTIRE

Each FH athlete will be given practice clothes; athletes must wear them. The coaches will decide which outfit will be assigned to which practice. Athletes must wear cheer shoes and have their hair pulled back for safety. If an athlete loses an article of clothing, they will be required to purchase a new one from FH's pro shop.

PAYMENTS

By signing the contract at the end of this handbook, you are agreeing to purchase a 12 month Full Travel or Limited Travel service contract. FH divided the total program costs into monthly installments per the above Tuition and Fixed Fee payment schedule. Payments are due on the dates as specified. Payments accepted are credit card via GoMotion (billing account management software) or cash or check at the FH office. Each FH family must have a credit card on file. If you are paying by a method other than credit card, please ensure your payments are turned in on or before the day due, or Fly High will run the credit card on file on the specified date. **DO NOT just drop check or cash into the payment dropbox** without an envelope to specify which athlete account to credit payment. Random cash dropped into the payment dropbox will be considered a donation. Payments for any additional classes and/or event registrations must be paid in advance online via GoMotion (see below). All payments via credit card will incur merchant fees ("Organization's Management Fee") as a percentage specified in GoMotion. Payments rendered are at all times non-refundable.

"PAST DUE" ACCOUNTS/LATE PAYMENT

If your athlete's account is past due for seven (≥ 7) or more days, the athlete will be suspended from practice until the account is current. In example: payment due Jun 1st; on Jun 8th the account would be considered "past due." Along with suspension from practice, if your athlete's gym account is past due, FH will exercise its right to:

- Withhold services (i.e., participation in clinics, competitions, private lessons, and tumbling classes.)
- Withhold uniforms, practice wear, warm-up, pro-shop purchases/pre-orders.
- Withhold end-of-year banquet tickets and awards.
- Assess \$50 late fees every time the account goes past due
- Place overdue balances into collections, and should legal action be necessary, the parent(s) of the athlete(s) agrees to pay any and all of FH's collection and legal fees associated with pursuing monies owed to FH.

MANDATORY FUNDRAISERS

- 1) Summer Crab Raffle: All athletes must participate in this mandatory fundraiser event. This will consist of each athlete selling 10 tickets at \$10 a piece in order to keep our prices as low as possible. Any ticket sales, over 10, will be directly applied to the individual athlete's account.
- 2) Fall TBD: expect a "Beef-n-Bier" or 12-Days of Christmas Raffle-type event. Expect for each athlete to have to sell a reasonable number of tickets and again, anything over that number will go directly towards paying down the athlete's individual account.

ATHLETE CHECK IN

It is mandatory for all athletes from all programs to check in with the designated admin assistant at the front desk before heading into practice or any event on the premises. If the athlete is under 12 years of age, they MUST be accompanied by a parent. This affords us the opportunity to ensure the safety and wellbeing of each athlete. It gives FH the chance to answer any brief parent questions, give kudos for great work/attitude, and also to head off any billing and payment complications. If the athlete's account is considered past due, they will not be allowed into practice or any event until the account is brought into good standing.

INJURIES

Should an athlete become injured during the season, you are still responsible for payments based on the following general guidelines:

- 1) A season-ending injury (doctor's note must be provided) – fixed fees must still be paid in full; however, tuition is waived as the athlete can no longer participate.
- 2) An injury that does not allow the athlete to participate for a duration greater than roughly one month (doctor's note must be provided) – fixed fees must still be paid in full; however, tuition may be waived for a period of time after consultation with the owners and a valid medical diagnosis.
- 3) Minor injuries which do not allow an athlete to participate in a few practices— fixed fees must still be paid in full, AND tuition must be paid on the normal schedule.

The participant must notify a coach immediately if an injury occurs during a practice or a competition. In the case of a serious injury, the staff at FH will attempt to contact the parent/guardian immediately. If the staff cannot contact a parent/guardian, they will use their best judgment to ensure that the participant receives the proper medical attention.

Only participants with valid medical notes will be exempt from normal practice expectations. Unless a medical professional specifically states that the participant is not permitted to attend practice and is not permitted to do any physical activities, injured participants are expected to attend practices. Injured athletes will focus on flexibility, strength, and specific skills that do not affect the injured area, can perform any prescribed physical therapy treatments, and will be able to stay "plugged in" so they can learn any changes to the routines.

A written doctor's release is required for the athlete to return to practice. Once the athlete is cleared, the FH staff will be the decision-makers in determining when the athlete is ready to rejoin practices and participate in competitions. The safety of the injured athlete, the safety of the injured athlete's teammates, and the team's best interests will be the primary factors when the coaching staff makes the decisions.

If an athlete is not performing at their designated skill level, the FH staff may add one or several mandatory classes that are not already included in the athlete's tuition. A parent meeting will be held to discuss: the cost, mandatory extra tumbling/stretching classes (above what is included in the athlete's tuition), or the alternative, moving the athlete to a lower-level team.

RETURNED CHECK FEE

Any "returned checks" will be subject to a \$50.00 returned check fee. In addition, FH will no longer be able to accept a check as payment from any customer that has previously submitted a returned check. All future payments will be made via money order, credit card, or cashier's check.

BILLING SOFTWARE (GoMotion or Quickbooks Invoices)

All athletes must have the parent or legal guardian's email on file. If your email is on file, you will receive an "activation" email in which you will enter your email in their "Email/Login ID." Then click on the "forgot your password." Fly High will send an email with a password (which you can change). All billing for all fees is done online through GoMotion, and Parents should make all credit card payments online. The email address will also be used for general communications throughout the season.

CROSSOVERS

Certain athletes may be asked to be on more than one team for the season. If an athlete is asked and agrees to be on multiple teams, that athlete is responsible for any crossover fees related to the second team. A crossover athlete may be removed from the 2nd team at any time at the sole discretion of FH. Crossover fees will be discussed with each family and will typically include additional payment for competition enrollment fees only.

END-OF-SEASON EVENTS

THE ONE/THE FINALE/U.S. FINALS

The ONE, The Finale, and U.S. Finals are end-of-year events; these events aren't included in your tuition or fees for the season. *Additional expenses will be required.* If additional practices are deemed necessary, they will be added in April and will be MANDATORY. No exceptions will be made for missed Summit or Worlds practices, including but not limited to other sports practices/events and vacations or trips. Please plan for teams to practice every day following the FH Season Finale. A detailed Summit and Worlds practice schedule will not be released until early April or when all teams have a bid.

THE SUMMIT

This season, teams will attend the NATIONAL SUMMIT COMPETITION if a paid bid is received and if all parents agree to attend, these events are not included in your tuition or fees for the season. *Additional expenses will be required.* Additionally, MANDATORY practices will be added during April. No exceptions will be made for missed practices for end-of-season events, including, but not limited to: other sports practices/events, vacations, or trips. A detailed Summit practice schedule will not be released until April.

Estimated NATIONAL Summit Fees & Requirements:

Registration & Park Hopper Fee: \$410.00

Choreo/Practice wear fee: \$550.00

Length of required stay in Orlando, FL: 5 nights

Estimated REGIONAL Summit Fees & Requirements:

Registration & Park Hopper Fee: \$150.00

Choreo/Practice wear fee: \$400.00

Length of required stay in Virginia Beach, VA: 4 nights

TRAVEL EXPECTATIONS

When traveling for a competition or event (camps, clinics), you will represent the FH brand with the utmost respect and class. All athletes on travel teams must adhere to the following guidelines, athletes (under 18) MUST stay with a parent, guardian, or designated chaperone. All travel expenses for competitions are the responsibility of each athlete and their family. Unless directed otherwise, for competitions where travel is necessary (typically two-day competitions), families may stay at whatever hotel, house, or timeshare within, preferably, a 15-mile radius of the event venue (UNLESS the competition is a "Stay-to-Play" event, where the event producer requires lodging at a specific hotel or hotels: not following this rule may result in the disqualification of FH teams from the said event).

ATTENDANCE

ABSENCES AND TARDIES: All-star cheerleading is a team sport, and missing practice negatively affects the entire team; therefore, all practices are mandatory. At the discretion of the FH staff, failure to follow the attendance policy may result in the athlete being: moved to a team with less commitment, moved to an alternate position, removed as a crossover, or completely removed from FH's teams.

- **Unexcused absence** from competition or **repeated tardiness** to practices and/or competitions **may result in dismissal from FH.**
- **In non-emergency situations**, please contact a coach 30 minutes before the start of practice if you will be late or absent. You may email, text, or call the coach. Withholding an athlete from practice never be used as a form of discipline or threat. This is unfair to the rest of the team.
- FH will handle all attendance/tardiness situations on a **case-by-case basis**. We will be fair and consistent; however, please be advised that final decisions are at the gym's discretion, and we ask that parents and team members support the gym's decision(s) because it will be in the best interest of the TEAM.
- **Practices two weeks before an event** are essential to the building, peaking, timing, and execution of a routine. All practices two weeks before any competition MUST be attended to maintain your position on the team. Athletes who are absent within the two weeks before the competition may result in the athletes being removed from the competition.
- An **absence log** will be kept throughout the year to record any absence(s) and the nature of the absence(s).
- Absence(s) during the summer months due to **family visitation rights** must be immediately brought to the gym's attention.

ABSENCES DURING THE SUMMER

FH understands that family vacations are essential during the summer, and we will permit a limited number of additional excused absences as long as they do NOT conflict with any mandatory team choreography/camp/clinic (the dates of which are listed herein). All family vacations must be submitted on the appropriate FH Athlete Absence and Substitution Request Form and turned into the admin assistant or owner. Any additional vacations should be scheduled during the breaks listed below. Multiple absences during the summer and choreography will adversely affect the athlete's placement within the routine.

EXCUSED PRACTICES DURING THE SEASON

Athletes will be permitted six (6) excused absences during the season. The following are the only acceptable reasons for an excused absence. All other reasons are considered unexcused. Even when excused from practice, the coach retains the right to use a replacement at a competition within two weeks of an approaching competition.

- School-related function that will result in a grade.
- Contagious illness (sickness, pink eye, lice); must provide a doctor's note.
- Death of a family member (or similar family emergency).

UNEXCUSED ABSENCES; include, but are not limited to

- Jobs
- Injuries (athlete is still expected to attend practices and competitions (in full uniform))
- Non-contagious illness
- Social events (dances, birthday parties, concerts, banquets, family reunions, weddings, etc.)
- School projects, homework, or tests (handled on a case-by-case basis)
- High school sports practices or events (handled on a case-by-case basis)
- Traffic or long distance drive
- Punishment

SUMMER BREAKS/HOLIDAYS/ABSENCES

There are no reductions in tuition during the months with breaks, inclement weather or holidays. To minimize disturbances, it is recommended that you schedule vacations and special events during the times listed below. Excessive summer absences could result in an athlete's removal from a team.

Fourth of July	Fri, Jun 30 – Sun, Jul 9
Labor Day (Sept 5th)	Fri, Sept 1 – Mon, Sep 4
Thanksgiving	Wed, Nov 22 - Sun, Nov 26
Christmas	Fri, Dec 22 - Tues, Dec 26
New Year's	Fri, Dec 29 - Jan 2, 2024 (each team may have one practice over Christmas break 27 and/or 28th)
Spring Break	TBD

FLY HIGH CHEER AND TUMBLE PARENT AND ATHLETE CODE OF CONDUCT

SPORTSMANSHIP

FH coaches, athletes, and families will be examples of remaining humble when successful and gracious in defeat. FH will enforce a "one-strike policy" regarding negativity or disrespect toward athletes, coaches, and competitors. Conduct contrary to this policy may be grounds for excusal from the program. Coaches, parents, and athletes represent FH when we travel to any competition or public event, whenever they wear FH apparel in public, or at all times on social media. The FH staff takes the program's reputation very seriously and has worked hard to facilitate a respectful program with high standards, morals, and ethics. We hope to form positive relationships with all other gyms, competition companies, and officials. All athletes and parents are expected to display a high level of sportsmanship at all times:

ATHLETE

- Be positive. Do not criticize or comment negatively about judges, competition hosts, event workers, members and staff from other teams, or FH members (including their children).
- Be respectful and courteous to everyone.
- Refrain from abusive or socially unacceptable language and physical confrontations.
- Cheer on other teams during warm-ups, performances, and awards.
- Accept placements and awards with dignity and class.
- Do not make predictions or boasts on social media.
- If you have a concern, please make sure the time, place, and situation are correct to bring it up. This usually means having a private meeting with the FH staff when the team returns to the gym, not at competitions.
- Follow all policies and procedures. Always positively represent FH.
- Immediately inform coaches of any injuries, problems, or conflicts on the team.
- Any athlete that engages in illegal or age-inappropriate activity will be suspended or expelled from the FH program. This includes but is not limited to smoking, drug use, vaping, or alcohol use.
- Maintain good grades. Each FH athlete is expected to do well academically (at least a 2.5 GPA). Failure to maintain good grades will
- Be prepared and dressed properly for practices and competitions.

- Work hard and use time wisely during every practice.
- Always be respectful and supportive of coaches, teammates, and competitors.
- Believe in yourself. Always try.

PARENTS/GUARDIANS AND GUESTS

- At no time and for any reason is anyone but an owner, FH director, or their designated representative permitted to communicate with a competition official or host organization. This is especially true when there are potential concerns about scoring.
- At no time and for any reason is any spectator permitted in the competition or practice area. In cases of injury, the parent/guardian must wait until a competition official or coach permits the parent/guardian onto the floor.
- Do not coach or interact with an athlete or staff member from the sidelines during practice or competitions.
- Direct all concerns and questions to the FH staff. Email for a time to discuss, or please save questions before or after practice.
- Be supportive, acknowledge the fear, and focus solely on one's athlete.
- Follow, support, and enforce all policies in this handbook.
- Parents/guardians are solely responsible for the participant's lodging, food, and travel expenses to all competitions.
- Flash photography and bright lights are prohibited at practice.
- Make certain that the participants are on time and properly prepared for every practice and competition.
- Stay informed. Check your email and the FH BAND regularly.
- Withholding an athlete from practice cannot be used as a form of discipline or threat. This is unfair to the rest of the team.
- All TEAM REPRESENTATIVES (assigned by Coach Andrea) must meet all Delaware state law requirements for volunteers and receive a green light background check. Background checks are good for two years and must be submitted no later than August 31st of the year of expiration. The necessary documents must be emailed to flyhighcheerandtumble@gmail.com

COMMUNICATION.

We do our best to keep you informed throughout the year; however, it is your responsibility to “stay in the know” by using our program’s many resources (website, email, Facebook groups). FH encourages an open-door policy regarding parents, athletes, and gym concerns. If there is a concern or problem that requires immediate attention, please contact Coach Andrea (while our preferred method of communication is email, please don’t hesitate to come to the office to speak with one of the coaches or staff).

We are happy to schedule meetings at a mutually convenient time for both parent/athlete and coach. Please do not contact the coaches on their cell phones or personal Facebook pages unless it is an EMERGENCY. Please direct all correspondence to the gym (flyhighcheerandtumble@gmail.com).

Please do NOT approach any coach/instructor in session (class, private, practice, or competition).

EMAILS

The majority of our communications with parents will be done via email. Emails will be sent for important and official information that requires documentation.

INCLEMENT WEATHER

FH reserves the right to close the facility at any time for inclement weather (snow, heat, etc.). Please check our website, social media, or email for information regarding the closing.

FACEBOOK GROUPS

“FH Families Group” are private group pages that our parents can join to share photos and competition videos throughout the season!

BAND APP

This app will be used by management and Team Reps to send group text messages. These mass messages are sent one way only and do not allow for text replies. You do not have to download this application to receive the messages.

SOCIAL MEDIA

Although we do not post all our announcements on our social media accounts, it’s a fun way to stay current with the gym’s latest happenings and a great way to share pictures! **All our social media accounts are listed on the cover of this informative book.**

CHAIN OF COMMAND

The official communication chain for team members and parents is; Team coaches -> FH Director, -> Owners.

When at competitions, the following chain of command will be followed: FH Director (FlyHighDirector@gmail.com)-> Admin Assistant (FlyHighCheerandTumble@gmail.com) -> Owner

MEETINGS

Meetings and phone conversations may be scheduled during the staff’s office hours or other select times that the coach has available. For safety reasons and to ensure the coaches are not distracted during the conversation, please do not attempt to discuss information while the coach instructs. **Only after attempts to resolve the issue at the lowest level will parents elevate the issue through the appropriate chain of command.** If there is ever an issue that the parent deems critical to address directly with someone else in the chain, please feel free to do so at the appropriate

time.

TEAM REP

A team rep (short for representative) will be appointed to each team after soliciting volunteers. Team rep responsibilities include, but are not limited to: communication with parents of the designated team; planning team bonding events and assisting with end-of-season banquet/party; collecting money for athlete swag bags and coaches' gifts; communicating with parents on the day of competitions; collective waivers before competitions; and checking in athletes at competitions. We are very grateful for our Team Reps. Please contact us if you are interested and would like more information.

FH GYM RULES

INAPPROPRIATE BEHAVIOR & SOCIAL MEDIA

Insubordination and disrespect in the gym are unacceptable. This includes, but is not limited to

- outbursts, profanity, poor attitude, eye-rolling, gossip, bad-mouthing the program, owners, or organizations, bullying, challenging or belittling coaches, staff, or owner authority, and disrespect for others. Any inappropriate behavior may result in removing the offender from the program at the owner's sole discretion.
- FH makes many financial obligations at the beginning of the season and therefore, dismissal for any violation of behavior outlined in this handbook will NOT include refund.

FH staff members constantly watch social media for negative comments about competitors and inappropriate pictures and videos. FH WILL conduct athlete/parent meetings to discuss anything that is found to be inappropriate on any social media platforms. If any member of FH implies anything defamatory against FH (or any other program – directly or implied), the athlete may be dismissed from FH with NO REFUNDS (whether fixed fees, tuition, or fundraiser-related) at the sole discretion of the owner.

JEWELRY

Jewelry is not to be worn during any class, practice, or private lesson. If an athlete is asked to remove jewelry, the athlete will be responsible for securing those items. FH is not responsible for items that are lost, stolen, damaged, or left behind in the gym.

OUTSIDE BUSINESS

No outside business is permitted on-premises unless Coach Andrea grants prior consent.

PARKING LOT

Designated parking spots are reserved for coaches, directors, owners, or handicapped. Any athletes, parents, or family members of athletes parking in the designated areas, will be asked to move.

SOLICITATION

FH does not allow any solicitation by third parties at FH (this includes during events that FH and FH sponsor without the prior written authorization of the owners). We want FH to be a low-pressure environment where people don't feel required to purchase anything extra. Exceptions may be made for non-profits with an exemplary, established, and wide-ranging reputation, and who offer a unique product. If you have a product that you would like to sell in the FH pro shop, a representative of the company should provide material to the owners, and a meeting will be scheduled if the owners feel it should be included.

PARENTAL SUPERVISION

If an athlete is not practicing or in a class, they must have parental supervision. Siblings of FH athletes may not be left in the gym unattended.

USAGE OF FH NAME, LOGO, LIKENESSES

The names, logos, and team names of FH's various parts, and the likenesses of any of these, are the sole property of the owners of FH. These cannot be used directly and indirectly to endorse a third-party item or service. Anyone else wishing to use the names, logos, team names, etc., must have the prior written approval of the FH owners. Anything created without an owner's prior written approval will not be acceptable, and may not be worn, displayed, or sold. Failure to comply may lead to disciplinary action, including dismissal from FH programming, without a refund.

VIDEO & SECURITY RECORDING AT THE GYM

FH does not permit any non-staff persons to record any practice or other event at the gym unless approved with prior consent by the owners. FH does maintain security cameras in the facility to protect all participants. Acknowledgement and signing of the contract at the end of this handbook constitutes consent to monitoring.

**FLY HIGH CHEER AND TUMBLE
AGREEMENT AND PROMISE TO PAY
(2023-2024 SEASON)**

Our pledge: We want your athlete to want to be a part of FH! Our goal is that your athlete leaves FH, a better person and athlete than when they walked in our door. We will do our very best to provide excellent instruction in a safe and positive environment.

Our pricing structure:

We separate fixed fees from tuition and require these fixed fee payments early because committing to this program requires our business to pay for many things in advance. If an athlete signs up for a program, we are dedicating financial resources to cover the up-front costs associated with that team.

AGREEMENT & PROMISE TO PAY:

All participants must be willing and able to make the following financial commitments before joining FH. If there are temporary and isolated financial hardships at any time, please let the owners know immediately so we can help you come up with a plan.

ALL ATHLETES AND PARENT(S)/GUARDIAN(S) AGREE:

1. To follow all rules in the preceding Fly High Cheer and Tumble Parent and Athlete Handbook; and
2. To promise to pay the TOTAL COST of the affiliated cheer program, as outlined in the preceding PAYMENT SCHEDULE table, in which your athlete is placed; and
3. Should you choose to leave on your own accord prior to fulfilling a full season of participation, you are still responsible for the **total fixed fees** of the respective program—Full Travel \$1280; Limited Travel \$520. Additionally, **tuition payment** for the month of contract termination AND any **past due balances** must be paid in full.
4. Should you be dismissed at any point in the season for violation of anything in this Parent/Athlete handbook, and at the sole discretion of the owner, you are still responsible for the **total fixed fees** of the respective program—Full Travel \$1280; Limited Travel \$520. Additionally, **tuition payment** for the month of contract termination AND any **past due balances** must be paid in full.
5. Should collections or legal action become necessary, the undersigned agrees to pay any and all of Fly High’s associated collection and legal fees to pursue any monies owed; and

Check one for EACH athlete and family agreeing to a program:

- I, the undersigned, have committed to the FULL TRAVEL program and promise to pay a total of \$4,520 in monthly installments as prescribed in the handbook, beginning in June of 2023 and ending May of 2024.
- I, the undersigned, have committed to the LIMITED TRAVEL program and promise to pay a total of \$2,200 in monthly installments as prescribed in the handbook, beginning in June of 2023 and ending May of 2024.

The undersigned hereby agree to this Agreement and Promise to Pay.

Parent Signature

Parent Printed Name

Date: _____

Athlete Signature

Athlete Printed Name

Date: _____